Health
Course Syllabus

CLASS RULES/EXPECTATIONS:

Students are expected to follow the Kenmore Middle School rules:

Be Prompt- turn in assignments on due date, arrive to class on time, and be seated ready to begin when class instruction starts.

Be Polite- respect one another, raise hand to participate in class lesson, and refrain from using inappropriate language and comments.

Be Protective- Respect the property of our school and our community. Items such as food, drinks, candy, and/or gum may not be consumed in class.

Be Productive- Attend class with an open mind, a positive attitude, and ready to participate in class discussions. This is an active learning environment, which will involve much group activity.

Be Prepared- With all materials to begin class.

- quarterly grades are calculated through the accumulation of summative and formative assessments
- quarterly grades will round up when the percentage is .5 or higher
- quarterly exams and mid-terms are calculated into the quarterly grade
- final exams may be calculated in the fourth quarter grade or the final grade
- final exams may count for a maximum of 20% and the balance of the final grade for the year is equally divided across the four quarterly grades
- late work is graded, with a clear definition of the difference between the late policy related to homework and other formative assessments/assignments and the late policy related to summative assessments/assignments including
    - when late work is not accepted; when it can be submitted for partial credit
    - when it results in no credit or a zero
    - assessment guidelines for how a student can achieve an "A."

* Consequences for inappropriate and/or disruptive behavior are as follows:

First offense - warning
Second offense – private teacher meeting after class and additional homework assignment
Third offense – Principal's office and phone call to parent or legal guardian

*** Textbooks are for classroom use only and may only be removed by signing them out.**

MATERIALS REQUIRED:

Three-ring notebook (designated specifically for Health)
OR
Spiral notebook and pocket folder
Paper
Pen and/or pencil

All handouts, class assignments, journal writing, projects, tests/quizzes must be kept in your notebooks/folders. A notebook check will account for a portion of your grade.

SECTIONS COVERED: 6TH GRADE

Section 1: Physical Health
Topics will include: *Body Systems, Puberty/Reproductive Systems, Nutrition, Physical Fitness,* and *Hygiene*.

Section 2: Disease Prevention and Safety
Topics will include: *Etiology of HIV, Communicable and Non-Communicable Diseases, and the Role Hygiene plays in the Prevention of Disease.*

Section 3: Safety
Topics will include: *Risky Behaviors/Dangerous Situations, Safety/First Aid,* and *Medicines*.

Section 4: Consumer/Community
Topics will include: *Environment, Media and Technology, Community Service,* and *Health Care Agencies*.

Section 5: ATOD – Alcohol, Tobacco, and other Drugs
Topics will include: *Refusal skills related to peer pressure, and the short and long term affects alcohol, tobacco and other drugs have on self, family, and school.*

Section 6: Social-Emotional Health
Topics will include: *Social Skills, Friends and Family Relations, Gang Education, Stress, Self-Esteem/Self Image, Decision Making, and Peer Pressure/Refusal Skills*.